

FASTING SIX DAYS IN *SHAWWAL*
27 MARCH 2026 | 07 *SHAWWAL* 1447H

أَلْحَمْدُ لِلَّهِ الَّذِي أَرْسَلَ رَسُولَهُ بِالْهُدَىٰ وَدِينِ الْحَقِّ لِيُظْهِرَهُ عَلَى الدِّينِ كُلِّهِ وَلَوْ كَرِهَ الْمُشْرِكُونَ،
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ سَيِّدَنَا مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ، اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى
سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَأَصْحَابِهِ وَمَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.
أَمَّا بَعْدُ، فَيَا عِبَادَ اللَّهِ، إِنِّي قَدْ حَقَّقْتُ نَفَاتِيهِ وَلَا تَمُوتُنَّ إِلَّا وَأَنْتُمْ مُسْلِمُونَ.

Let us all increase our devotion towards Allah the Almighty by performing all that He has decreed and abstaining from all that He has prohibited. Hopefully, we will be blessed in this world and in the Hereafter.

Dear Brothers and Sisters,

The month of *Ramadan* has passed and we hope Allah the Almighty accepts all the righteous deeds we have done. The end of *Ramadan* does not mean the end of performing good deeds. As believers, we should continue to perform acts of worship until the end of our lives. Allah the Almighty says in the Quran in Chapter 41 (*Surah Fussilat*) Verse (*ayat*) 30:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

إِنَّ الَّذِينَ قَالُوا رَبُّنَا اللَّهُ ثُمَّ اسْتَقَمُوا تَتَنَزَّلُ عَلَيْهِمُ الْمَلَائِكَةُ أَلَّا تَخَافُوا وَلَا تَحْزَنُوا وَأَبْشِرُوا بِالْجَنَّةِ الَّتِي كُنْتُمْ
تُوعَدُونَ

Which means: “*As for those who say, ‘Our Lord is Allah,’ and take the straight path towards Him, the angels come down to them and say, ‘Have no fear or grief, but rejoice in the good news of Paradise, which you have been promised.’*”

Remember, being able to worship in the month of *Ramadan* such as enlivening the mosque with five daily prayers, *taraweeh* prayers, reading and reciting the Quran, giving charity, breaking the fast together and other acts of worship is a great blessing from Allah. Therefore, the arrival of the month of *Shawwal* is greeted as a sign of gratitude for successfully being a servant of Allah the Almighty who consistently remembers Him. It is unfortunate if the mosque we pray at in the month of *Ramadan* suddenly becomes silent again. The Quran which became a close companion in the month of *Ramadan* suddenly becomes increasingly distant from us. The *sunnah* (optional) night prayers that were light and easy to do are suddenly abandoned.

In addition, we should continue to do good deeds in the month of *Shawwal* by resuming our tradition of attending open houses and visiting relatives, close friends and neighbors. This is a good practice because it can strengthen the ties of Islamic brotherhood. The Prophet (peace be upon him [PBUH]) said in a *hadith* narrated by Al-Hakeem:

Which means: “*Spread (the greeting of) Salam, feed others, and uphold the ties of kinship, then you will enter Paradise in security.*”

Dear Brothers and Sisters,

In our zeal to celebrate joy in the month of *Shawwal*, let us not neglect to perform the worship of *sunnah* fasting for six days in the month of *Shawwal* for which the reward is great as the Prophet (PBUH) said in a *hadith* narrated by Imam Muslim:

مَنْ صَامَ رَمَضَانَ ثُمَّ أَتْبَعَهُ سِتًّا مِنْ شَوَّالٍ كَانَ كَصِيَامِ الدَّهْرِ

Which means: *“If anyone fasts during Ramadan, then follows it with six days in Shawwal, it will be like a perpetual fast.”*

Imam Nawawi said, *“Each deed is multiplied by ten rewards, therefore the fasting of Ramadan is equal to ten months and the fasting of six days of Shawwal is equal to two months, so it completes one year”*. Therefore, do not feel burdened to fast an extra six days because we do not have to fast consecutively. In fact, it is also permissible to perform the *sunnah* fast of six days in *Shawwal* in combination with the *qada'* (replacement) fast of *Ramadan*. Ultimately, the *Shawwal sunnah* fasting can be performed whether at the beginning of the month, in the middle or at the end of the month of *Shawwal*.

Dear Brothers and Sisters,

There are many advantages for those who fast six days in the month of *Shawwal*. In addition to getting the reward as if fasting for a year, this *sunnah* fasting can also compensate for the deficiencies in *Ramadan* fasting similar to how *sunnah* prayers compensate for deficiencies in our obligatory prayers. In addition, it also

shows our gratitude to Allah the Almighty for all the blessings, forgiveness and grace of the month of *Ramadan*. Most importantl, we will be more loved by Allah the Almighty and receive His protection as mentioned in the *Qudsi hadith* narrated by Imam Al-Bukhari, Allah the Almighty said:

Which means: “...and My slave keeps on coming closer to Me through performing *Nawafil* (voluntary prayers or doing extra deeds besides what is obligatory) until I love him, ...”

In conclusion, let us be grateful to Allah the Almighty who gives us various blessings in the months of *Ramadan* and *Shawwal*. Grab the opportunity to perform six days of *sunnah* fasting in the month of *Shawwal* so that we are included in the group of people who are always steadfast. May our good deeds in the month of *Ramadan* be perfect and accepted by Allah the Almighty. We also hope that Allah will continue to guide us to the straight path as He mentioned in the Quran in Chapter 29 (*Surah Al-Ankabut*) Verse (*Ayat*) 69:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

وَالَّذِينَ جَاهَدُوا فِينَا لَنَهْدِيَنَّهُمْ سُبُلَنَا وَإِنَّ اللَّهَ لَمَعَ الْمُحْسِنِينَ

Which means: “And We shall be sure to guide to Our ways those who strive hard for Our cause: Allah is with those who do good.”

بَارَكَ اللَّهُ لِي وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ، وَنَفَعَنِي وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ، وَتَقَبَّلَ مِنِّي وَمِنْكُمْ تِلَاوَتَهُ، إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ قَوْلِي هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِي وَلَكُمْ، وَلِسَانِ الْمُسْلِمِينَ وَالْمُسْلِمَاتِ، وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ، فَاسْتَغْفِرُوهُ إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ.